

Multisensory Strategies and Tools for Children with Sensory and Motor Challenges
Presented by Doreit S. Bialer, MA, OTR/L

Course description-

This one day workshop provides an understanding of the process and thinking behind the child with Sensory and Motor Challenges. Participants are taught to use *A SECRET* frame of reference when developing a strategic and meaningful plan to help the child succeed and avoid the cycle of frustration and meltdowns.

A close look at the elements of A SECRET model are explored while learning a multitude of functional, cost effective tips and strategies to keep the child with sensory and motor challenges motivated, attentive, optimally aroused and grounded in both school and at home.

The workshop is interactive with multiple labs that incorporate “movement and uses a hands on” approach. Participants will see videos that display behavior and techniques.

The first part of the course describes Sensory Processing and the classifications and subtypes.

The second part of the course introduces A SECRET, a frame of reference that is based on clinical reasoning and will help participants to formulate a powerful and meaningful approach in helping the child deal with potentially frustrating and challenging tasks.

The third part of the course provides specific strategies and techniques to address poor attention, poor self-esteem and issues with coping and regulating emotions. Participants will learn how to modify both the child’s environment and tasks. Techniques include Brain Gym, S’cool Moves, Metronome, Integrated Listening System and much more.

Dr. Lucy Jane Miller, Executive Director of the Sensory Processing Disorder Foundation in Colorado, developed a SECRET frame of reference. Our recent publication, *No Longer A SECRET, Unique and Common Sense Strategies for Children with Sensory and Motor Challenges*, published through Sensory World, Future Horizons, is available for additional information.