

Current, Best Strategies to Help OCCUPATIONAL THERAPISTS Support Students and Become Integral School Team Members



Presented by **DOREIT BIALER, MA, OTR/L**

School-Based Occupational Therapist, National Presenter
and Co-Author of *No Longer A Secret, Successful Strategies for Children
with Sensory Processing Disorders*, with Dr. Lucy Jane Miller
(Sensory World, Future Horizons, 2011)

Specifically Designed for Occupational Therapists and Occupational Therapy Assistants Serving Preschool–Grade 12

- What you can do in your role as an **OCCUPATIONAL THERAPIST** or **Occupational Therapy Assistant to become an essential and invaluable team member** in your school or district
- **Practical and realistic strategies** for utilizing your role as an occupational therapist to increase overall student functioning and learning in academic and non-academic school activities
- **Help teachers make modifications** in the classroom to optimize learning, arousal and attention for students with sensory processing disorders
- **Learn the differences and benefits** of using problem solving vs. sensory diets while working with students in the school environment
- Discover numerous techniques using **simple, inexpensive tools, strategies, and adaptive equipment** to help your students experience success in school

2012 SCHEDULE

Michigan

Detroit (Livonia) – January 5

MI SB-CEUs Available

Ohio

Cincinnati – January 4

OH CEUs Available with District Approval

Wisconsin

Milwaukee (Glendale) – January 6

WI Verification of Attendance Available

“*Excellent seminar!
Terrific, practical and
inexpensive strategies to use
in the classroom that can be
applied immediately.*”

– ANDREA FAIN, OT

“*Doreit was a
fountain of useful
information. I can't wait to
use what I learned today!*”

– AMY SPARKS, OT

Practical Strategies

Specifically designed for school-based Occupational Therapists and Occupational Therapy Assistants, this outstanding seminar will provide you with dozens of highly practical strategies to better support your students. Highly experienced and practicing Occupational Therapist, **Doreit Bialer** will share realistic techniques based on what she has found works most efficiently and effectively in schools. Discover how you can bring your specific knowledge and expertise to the education team in your school(s) to better address student needs. Learn how to make the most of your limited time, space and budget with Doreit's tips and ideas. You will also gain ready-to-use activities for your students who struggle with sensory processing, visual perceptual motor skills, handwriting, postural alignment, stability issues, and more. You will leave with an extensive resource handbook that will help you begin implementing these ideas as soon as you return to your school(s). **Whether a veteran or just beginning an OT practice, you won't want to miss this unique opportunity to strengthen your OT skills and have a greater impact on the students and teachers with whom you work on a daily basis.**



Ten Key Benefits of Attending

- 1. Practical Strategies to Strengthen Your Role as an Occupational Therapist or Occupational Therapy Assistant**
Learn how to become an essential member of your school and district team as an occupational therapist ... Help students be better prepared for and participate in important academic and non-academic school activities
- 2. Utilize Effective Sensory Motor Techniques for Greater Student Success**
Understand the neural structures that contribute to attention, memory, emotions, and self-regulation ... Practice how to use sensory motor techniques in the classroom to focus and redirect students with poor sensory modulation
- 3. Optimize Student Independence and Success**
Learn how to set up self-regulation with your students for improved behavior in the classroom ... Develop cognitive behavioral strategies to maximize student success
- 4. Make a Difference in Students' Learning and School Success**
Easy-to-incorporate activities that require whole-brain integration ... Learn how active student participation enhances neuroplasticity for learning and new skill development
- 5. Make the Most Out of Small Budgets and Limited Space**
Learn to use low-tech tools without the necessity of purchasing expensive equipment and still obtain maximum beneficial results in posture and attention ... Modifications to greatly improve student attention and sensory processing
- 6. Use New Multisensory Strategies**
Discover different listening programs, metronome, motor refocusing activities, aroma bracelets, food properties, and many other strategies to enhance attention ... Strategies you can use immediately
- 7. Identify Methods for Improving Hand Function**
Learn how Dyspraxia interferes with handwriting and fine motor skills ... New techniques to help students develop better visual motor skills, handwriting and ocular motility for reading, writing and copying tasks
- 8. Understand the Language of Students' Behavior in the Classroom**
Discover numerous strategies to reduce student frustration and difficulties with learning and task performance ... Learn which strategies work best for a variety of behaviors
- 9. Utilize "Sensory Pairing" Concepts to Enhance Students' Functional Performance**
Learn to combine sensory systems effectively to maximize functional outcomes during reading, writing and copying tasks ... Ideas and strategies you can share with teachers and parents
- 10. Explore a Variety of New Strategies to Significantly Increase Students' School and Classroom Success**
Be an effective environmental engineer in your school(s) ... Learn how to help modify the classroom and other school environments to decrease frustration and overstimulation for children with sensory motor challenges

Outstanding Strategies You Can Use Immediately

Learning Objectives: At the end of the seminar you will be able to:

- **Use practical, realistic strategies to strengthen your role as an OCCUPATIONAL THERAPIST** in your school and district
- **Make individual modifications** and create self-regulation programs for students with sensory motor difficulties
- **Help your students more efficiently use pencils, scissors, keyboards, etc.**
- **Discover ways to help your teachers** use sensory motor techniques and classroom modifications to better meet the needs of students
- Identify tips and techniques to **address the unique needs of students with sensory processing disorders**
- **Make on-the-spot changes** and adaptations
- **Utilize low-cost adaptive equipment**
- **Use sensory strategies and modifications** for school and home
- **Discover dozens of ideas and strategies** to help your students be better prepared for academic and non-academic school activities
- Use activities and exercises for **developing the mature hand using simple, inexpensive tools and aids**
- **Help reduce barriers** that can limit student success or participation within the school environment
- **Identify multiple handwriting strategies** you can use immediately
- **Change attention and arousal states** using postural and core stabilizing techniques, sensory activities and movement
- **Utilize tips for fine motor skill acquisition** – grasp patterns – compensatory vs. immature
- Learn handwriting and factors impacting **hand skills graphomotor performance**
- **Identify and apply visual perceptual motor skills** essential for reading and writing success
- **Understand the neural connections** between the brain and sensory processing disorders
- Promote **school-based self-care skills with engaging activities**
- **Implement specific calming and relaxation techniques** for the child who is irritable, inattentive or hyperactive
- **Recognize and use timesaving tips for observing, assessing and planning** for individual student needs

“ *Excellent seminar with great, practical ideas and strategies I will definitely use at my school.*”

– PAT DEPKER, OT



**To Register,
Call Toll-Free**

1-800-735-3503

A Message From Your Seminar Leader, Doreit Bialer



“The goal of this seminar is to provide you with dozens of tools and techniques that will have a positive impact on student performance and that are realistic for you to implement in the school setting.”



Bureau of Education & Research

915 118th Avenue SE • PO Box 96068 • Bellevue, WA 98009-9668
Phone (800) 735-3503 • Fax (425) 453-1134 • www.ber.org

Dear Colleague:

As an Occupational Therapist who has worked in schools for over fifteen years, I know firsthand the value of our services and the powerful impact we can have on students. In our role, we can provide the tools and strategies necessary to greatly increase student success in learning and in daily functioning. I, like you, know the importance of making a difference in the lives of students struggling with sensory processing and motor issues. But how can we become an integral part of the school team, provide the necessary services and meet all the students' goals and objectives given our limited time, money, space, and scheduling constraints? In this highly interactive and hands-on seminar, I will share the strategies and techniques that I have found to be most efficient and effective in schools.

The goal of this seminar is to provide you with dozens of tools and techniques that will have a positive impact on student performance and that are realistic for you to implement in the school setting. Over the years, I have put together an array of techniques and strategies using simple, low-cost tools to help students be more successful in school and at home. You do not need an elaborate budget or an enormous amount of space and equipment to really help students learn and organize themselves in more productive ways. In addition, you will learn how to assist teachers in adapting and modifying their classroom environment to help reduce the barriers students face from sensory and motor difficulties.

It is very rewarding and gratifying to know that you can be an invaluable team member who can make a difference in students' success in school, learning and daily functioning. Join me for a day filled with ideas you can use to strengthen your role and impact as an Occupational Therapist. This seminar will also provide an excellent opportunity to meet and share ideas with other OTs. I look forward to meeting and working with you during this fast-paced day designed just for Occupational Therapists and assistants.

Sincerely,

Doreit S. Bialer, MA, OTR/L

P.S. As a practicing Occupational Therapist, I know just how valuable your time is; therefore, my focus will be on sharing **practical strategies** that will work in today's schools.

What Your Colleagues Say About Doreit Bialer

"Best OT workshop I've attended in many, many years. Practical information with many take home applications and resources to back it up!"

– Cynthia Bray, OTR

"Really pertinent, useful information that covered a wide variety of topics. I enjoyed this day. Doreit has amazing experience and knowledge."

– Valerie Alkhafaji, OT

"This has been the best seminar I've ever attended. I am excited to take the information back to my clinic, schools and other therapy staff. I like that Doreit used many techniques and methods. Thank you!"

– Stacey Adams, COTA

"This was terrific! Very informative and up-to-date, new information!"

– Kari Reindl, OTR

"Very informative and easy-to-understand ideas that can be used tomorrow! I loved Doreit's thoughts on sensory diet!"

– Mary Shelton, OTR

"Wonderful information, inexpensive and simple ideas. Doreit Bialer shared extremely beneficial information and presented in a no-nonsense manner. She incorporated wonderful video and demonstrations."

– Mary Weslor, OT

"I loved this seminar and left with a lot of activities that I can use in schools immediately. The resource handbook is full of information that I'm excited to try with my students and in the general education classroom."

– Margie Diane Droege, COTA

"I really enjoyed this seminar and found a lot of applicable information and tools I can use in my work setting. Doreit was well prepared, informative, helpful, and willing to share personal experiences and case studies. Thank you!"

– Lindsey Johnson, OT

"AMAZING! An enormous amount of useful information that I am excited to implement tomorrow! Thank you!"

– Wendy Chassanoff, COTA/L

"Great course content, with awesome, low-tech and inexpensive devices and ideas!"

– Barbara Cordone, OT

"Functional, practical and integrative based for educational teams in schools. Very inclusive, active approach that facilitates self-awareness and self-advocacy for students at all age levels."

– Francine A. Hunter, OTR/L, Chair Department

"Very helpful, informative and innovative ideas. Not a typical school-based OT course. Thank you!"

– Heidi Clement, OTR/L

Uniquely Qualified OT Instructor

DOREIT BIALER is an experienced and practicing Occupational Therapist, as well as an outstanding national presenter. She has worked with students in school settings from preschool to high school, has worked as a private practitioner, and as a consultant and independent contractor to multiple public and private schools. Most importantly, Doreit knows firsthand the challenges facing Occupational Therapists in schools and has developed activities and strategies to make the most of limited money, space and time. In addition, she is the author of *Current, Best Strategies to Help OCCUPATIONAL THERAPISTS Support Students and Become Integral School Team Members*, the extensive resource handbook you will receive at the seminar. Doreit is also the co-author with Dr. Lucy Jane Miller, Ph.D, OTR at the STAR CENTER in Denver, of the book *No Longer A Secret, Successful Strategies for Children with Sensory Processing Disorders*, (Sensory World, Future Horizons, 2011). **You'll leave Doreit's idea-packed, energizing seminar with an abundance of practical, ready-to-use ideas to strengthen and enhance your role as an Occupational Therapist in today's school(s).**



On-Site Training

Most BER seminars can be brought to your school or district. See the options at www.ber.org/onsite or call 877-857-8964 to speak to one of our On-Site Training Consultants.

Online Learning

BER offers educators a wide range of online courses that are affordable, fun, fast, and convenient. You can earn 24 continuing education hours for any online course as well as 1 or 2 graduate-level credits for most courses. See the menu of available courses at www.ber.org/onlinelearning.



“*Fabulous seminar with very practical and cost effective suggestions. This is the best seminar that I have attended for OT's in the school setting. Thank you for the wonderful day and the extensive resource handbook!*”

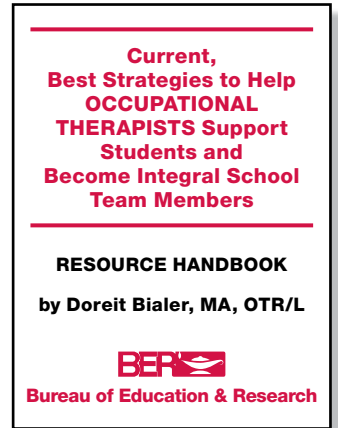
— ANN HEISS, OT

Special Benefits of Attending

Extensive OT Resource Handbook

You will receive an extensive resource handbook designed specifically for this seminar. Included in the handbook are:

- Strategies for classroom teachers assisting in students visual motor, sensory motor and perceptual motor challenges
- Self-care strategies for parents to help children
- Strategies and modifications to help students with handwriting issues and poor visual motor skills
- Multisensory techniques to help students with sensory motor challenges, motor plans and organize sensation in the school environment



Meet and Share

This seminar provides participants a great opportunity to meet and share ideas with other OTs interested in strengthening their role as essential members of the school team.

Semester Credit Option

One graduate elective level credit is available with an additional fee and completion of a follow-up practicum project. Details for direct enrollment with Brandman University, part of the Chapman University system, will be available at the seminar.

Meet Inservice Requirements

At the end of the program, each attendee will receive a certificate of participation that may be used to verify hours of participation in meeting continuing education requirements.

AOTA CEUs Available

BER is an AOTA Approved Provider of continuing education. Full attendance at



APPROVED PROVIDER of CONTINUING EDUCATION

by The American Occupational Therapy Association, Inc.

this seminar qualifies for .5 AOTA CEUs. You will be required to sign a morning and afternoon attendance roster and complete a program evaluation. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. AOTA Educational level, Introductory, Category 2, Domain of OT.

Can't Attend?

A related BER seminar, *Practical Strategies to Help Occupational Therapists Support Students and Become Integral School Team Members*, presented by Occupational Therapy expert, Tere Bowen-Irish, is available on CDs with a comprehensive resource handbook at a cost of \$99.00 plus \$9.00 shipping and handling. To order, call toll-free 1-800-735-3503 (**Stock #A-XOX-1425**) or use the order form on the back page.

PLEASE NOTE: AOTA CEUs are not available for audio seminar programs.

PRE-REGISTRATION REQUIRED DUE TO LIMITED ENROLLMENT.

FOUR EASY WAYS TO REGISTER:



PHONE toll-free:
1-800-735-3503

(Weekdays 6 a.m. - 6 p.m. Pacific Time)



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Bellevue, WA 98009-9668

Who Should Attend

Occupational Therapists and Occupational Therapy Assistants serving students in preschool-grade 12.

Program Hours

All seminars are scheduled 8:30 a.m. - 3:15 p.m.
Check-in 8:00 a.m. - 8:30 a.m.

Fee

The registration fee is \$215 per person. **Payment is due prior to the program.** No cash please. Fee includes seminar registration, morning coffee and tea, a personalized certificate of participation, and an extensive resource handbook.

Cancellations/Substitutions

100% of your paid registration fee will be refunded if you can't attend and notify us at least 10 days before the seminar. Late cancellations can exchange for a certificate to attend another seminar or will be refunded less a \$15 service fee. Substitutions may be made anytime without charge.

Further Questions

Call the Bureau of Education & Research (800) 735-3503 or visit us online at **www.ber.org**. The Bureau is North America's leading presenter of seminar training for professional educators. Programs are based on sound research, are highly practical in content and consistently receive excellent evaluations.

Meeting Sites and Hotel Accommodations

Seminars will be held at the following sites:

- Cincinnati: Holiday Inn Eastgate, (513) 752-4400
- Detroit: Embassy Suites – Livonia, (734) 462-6000
- Milwaukee: Radisson North Shore – Glendale, (414) 351-6960

If needed, please make your own hotel reservations by calling the appropriate hotel listed above.



Possible Funding Sources:

American Recovery Reinvestment Act Funds, Title I, Title II, Title VI, Title VII, GATE, Restructuring Grants, At-Risk, Bilingual/ESL and Migrant Education Funds, Elementary and Secondary Education Act, IDEA, Demonstration School Funds, Parent Teacher Organizations, Inservice Training, and School Improvement Funds.

Program Guarantee

We stand behind the high quality of our programs by providing the following unconditional guarantee: If you are not satisfied with this program, we'll give you a 100% refund of your registration fee.



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Best Strategies to Help OCCUPATIONAL THERAPISTS Strengthen Their Role as Essential School Team Members

Current, Best Strategies to Help OCCUPATIONAL THERAPISTS Support Students and Become Integral School Team Members

Registration (XOB2W1)

- 1. **Cincinnati, OH** – January 4, 2012
- 2. **Detroit (Livonia), MI** – January 5, 2012
- 3. **Milwaukee (Glendale), WI** – January 6, 2012

| | | |
|--|-------------|-----------|
| FIRST NAME | M.I. | LAST NAME |
| _____ | | |
| POSITION, SUBJECT TAUGHT | GRADE LEVEL | |
| _____ | | |
| SEMINAR LOCATION NUMBER: _____ (Please see list above) | | |

List additional registrants on a copy of this form

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| SCHOOL NAME | |
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Registration confirmations are sent via e-mail.

If you would like a confirmation, please provide your e-mail address.

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IMPORTANT: PRIORITY ID CODE

Fill in the six digit number on the mail label next to the word "ID" (even if the brochure wasn't addressed to you)

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REGISTER ONLINE at: www.ber.org

PLEASE DO NOT DETACH MAILING LABEL (Just make corrections as needed)

Current, Best Strategies to Help OCCUPATIONAL THERAPISTS Support Students and Become Integral School Team Members



METHOD OF PAYMENT

Payment is due prior to the program. No cash please.
The registration fee is \$215 per person.

- A check (payable to **Bureau of Education & Research**) is attached
 - A purchase order is attached, P.O. # _____
(Be sure to include priority ID code on the P.O.)
 - Charge my: MasterCard VISA Discover
- Account # _____ Exp. Date: _____
MO/YR

Please print name as it appears on card _____ Signature (required for credit card purchases)

CONFIRMATION # (If you are confirming a previous registration) _____

CAN'T ATTEND?

- I'd like to order the CD version of the related seminar, *Practical Strategies to Help Occupational Therapists Support Students and Become Integral School Team Members*, by Tere Bowen-Irish, \$99.00 plus \$9.00 shipping (**Stock #A-XOX-1425**).